

SILVER LAKE

Camp & Retreat Center

Dear Silver Lake Community,

Heed Health & Sovereign Laboratory are excited to offer our COVID-19 testing services to your camp!

As the preferred testing vendor for **Silver Lake** we are able to offer a discounted rate of **\$29.99** for one pre-arrival PCR test. We are the most reliable and stress-free option for your child's pre-arrival Covid-19 test. The benefits of testing through us:

- Concierge-level support at preferred partner rates
- Coordination of all test supplies and instructions directly to your home
- We help you test correctly and in accordance with camp's testing policy
- We share results directly with camp so you don't have to

[REGISTER HERE for a pre-arrival Covid-19 PCR test.](#)

Please review the attached "**What to Expect**" document on the next page for important details on when you'll receive your test and how to access results.

If you have any questions regarding your order please contact the Heed Team, clientsupport@heedhealthcare.com. Sovereign Laboratory will be analyzing your sample, so testing or portal related questions please email sls@sovms.com or call 201-933-3028.

We look forward to serving the Silver Lake staff and volunteers!
Heed Health & Sovereign Laboratory Services



Thank you for your purchase of a COVID-19 PCR Test Kit

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Please review this guide for what to expect next.



When you'll receive your test kit:

Test kits are shipped after the order deadline closes and will arrive the following week



When to test:

Please reference this table for the specific dates applicable to your session

Important Testing Deadlines by Session Start Date		
Session Start	Order Deadline	Test Date
Saturday, June 25th	Thursday, June 9th	Wednesday, June 22nd
Saturday, July 2nd	Thursday, June 16th	Wednesday, June 29th
Saturday, July 9th	Thursday, June 23rd	Wednesday, July 6th
Saturday, July 16th	Thursday, June 30th	Wednesday, July 13th
Saturday, July 23rd	Thursday, July 7th	Wednesday, July 20th
Saturday, July 30th	Thursday, July 14th	Wednesday, July 27th
Saturday, August 6th	Thursday, July 21st	Wednesday, August 3rd



How to Test:

On your child's designated test date (found above), you will follow the easy self-collection guide included in the test kit to collect your child's sample.

IMPORTANT: Please make sure the specimen tube is sealed tightly after the collection to avoid leaks!



How to Ship it Back:

Package up your child's sample using the shipping materials included in your kit and be sure to drop off the test to the nearest FedEx location **before** their last scheduled pickup of the day. Schedules vary by location, please refer to your local store's schedule.



How to Get Results:

You will receive an email notification from our lab partner, Sovereign Labs, after the registration deadline has closed. This will prompt you to create your patient portal. When results are ready, they will be emailed directly to you. Camp will also have access to all results.