

# SILVER LAKE

## Camp & Retreat Center

Dear Silver Lake Community,

Heed Health & Sovereign Laboratory are excited to offer our COVID-19 testing services to your camp!

As the preferred testing vendor for **Silver Lake** we are able to offer a discounted rate of **\$29.99** for one pre-arrival PCR test. We are the most reliable and stress-free option for your child's pre-arrival Covid-19 test. The benefits of testing through us:

- Concierge-level support at preferred partner rates
- Coordination of all test supplies and instructions directly to your home
- We help you test correctly and in accordance with camp's testing policy
- We share results directly with camp so you don't have to

[REGISTER HERE for a pre-arrival Covid-19 PCR test.](#)

Please review the attached "**What to Expect**" document on the next page for important details on when you'll receive your test and how to access results.

If you have any questions regarding your order please contact the Heed Team, [clientsupport@heedhealthcare.com](mailto:clientsupport@heedhealthcare.com). Sovereign Laboratory will be analyzing your sample, so testing or portal related questions please email [sls@sovms.com](mailto:sls@sovms.com) or call 201-933-3028.

We look forward to serving the Silver Lake community!  
**Heed Health & Sovereign Laboratory Services**



# Thank you for your purchase of a COVID-19 PCR Test Kit

SILVER LAKE  
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**Please review this guide for what to expect next.**



### **When you'll receive your test kit:**

Test kits are shipped after the order deadline closes and will arrive the following week



### **When to test:**

Please reference this table for the specific dates applicable to your session

<b>Important Testing Deadlines by Session Start Date</b>		
<b>Session Start</b>	<b>Order Deadline</b>	<b>Test Date</b>
Sunday, June 26th	Thursday, June 9th	Thursday, June 23rd
Sunday, July 3rd	Thursday, June 16th	Thursday, June 30th
Sunday, July 10th	Thursday, June 23rd	Thursday, July 7th
Sunday, July 17th	Thursday, June 30th	Thursday, July 14th
Sunday, July 24th	Thursday, July 7th	Thursday, July 21st
Sunday, July 31st	Thursday, July 14th	Thursday, July 28th
Sunday, August 7th	Thursday, July 21st	Thursday, August 4th



### **How to Test:**

On your child's designated test date (found above), you will follow the easy self-collection guide included in the test kit to collect your child's sample.

**IMPORTANT:** Please make sure the specimen tube is sealed tightly after the collection to avoid leaks!



### **How to Ship it Back:**

Package up your child's sample using the shipping materials included in your kit and be sure to drop off the test to the nearest FedEx location **before** their last scheduled pickup of the day. Schedules vary by location, please refer to your local store's schedule.



### **How to Get Results:**

You will receive an email notification from our lab partner, Sovereign Labs, after the registration deadline has closed. This will prompt you to create your patient portal. When results are ready, they will be emailed directly to you. Camp will also have access to all results.