

Hello **Find Your Groove** conferees and parents!

We are so stoked to meet you all in just a few short weeks here at camp! Our team has lots of fun activities planned for our week together. We'll be spending time swimming, arts and crafting, dancing, climbing, gardening and so much more together!

The theme for our conference is self exploration (henceforth, finding our groove), so we ask that each conferee bring a journal to help in this process of learning more about ourselves. Additionally, please be sure to pack the following items before arriving to camp:

- An item to put towards our treasure box/time capsule
- Sneakers (closed toe shoes)
- Shorts
- T-Shirts
- Swimsuit and beach towel
- Rain gear
- Sandals
- Warmer clothing (long-sleeve shirts, sweats, long pants, jeans, etc.)
- Toiletries (toothbrush/paste, soap, shampoo, etc.)
- Sunscreen
- Bug spray
- Towels
- Flashlight
- Pillow/blanket/sleeping bag/sheets
- Reusable water bottle
- A drawstring bag
- A favorite song, poem, or book to share
- Bible (we will have extras)
- Any instruments you might play

You will want to bring some money that you can spend at the camp store and use for our mission offering. You may also set up an online account with our camp store if you prefer to go cashless. Please be sure to also complete your health form and health history on your online portal.

If you have any questions or concerns prior to the conference, please contact Alex or Avi (your conference deans):

Alex: alexnrenna@gmail.com

Avi: avdiel.v@gmail.com

This will be a great week of fun, creating lifelong friendships and learning more about ourselves while in God's backyard.

Thanks again for joining us!

Find Your Groove Team

